

Mechanism for complex case discussions Youth Intervention Committee (YIC)

This mechanism initiates an activity with partners, mediation and integration aimed at ensuring access, continuity and complementarity services for youth with complex multi-problems.

These difficulties experienced by some youth and their families require the involvement of different types of institutions or organizations in order to meet their needs. The implementation of the mechanism must contribute to ensuring that each youth and their families receive adequate services.

OBJECTIVES

- **Coordinate interventions to promote access to resources and services;**
- **Develop collective accountability for interventions;**
- **Facilitate the understanding of the services offered by each partner and their specific contribution.**

TARGETED CLIENTELE

Youth with complex multi-problems, as well as their parents, who require the expertise of several intervenors and for whom the usual referral mechanisms have not made it possible to respond adequately to their needs and those of their families.

GUIDING PRINCIPLES

The mechanism for complex case discussions will never replace the usual mechanisms for accessing services.

- Access to services, continuity and harmonization of interventions remain the central concern of the partners;
- The partners are jointly and severally responsible for the services provided to multi-problem users, while respecting the specific missions of each;
- The clinical consultation tool, the PSII, is an essential tool that makes consultation and harmonization of interventions possible;
- In terms of delivery of services to multi-problem users, always promote and facilitate the exercise of parental responsibility and the participation of family members.

COMPOSITION of the Youth Intervention Committee (YIC)

The coordinator or director of educational services of the Centre de services scolaire du Littoral and the head of administration of the youth program for the eastern sector of the CISSS participates in these meetings, are the coordinators of the collaborative work, and are the only ones who can initiate the meetings. Designated managers of the institutions and organizations involved, who will be referred to

as Liaison Officers, are invited based on their requests.

The Liaison Officers participate in the clarification of needs and identify resources that could be used within their organization.

PRESENTATION OF THE FILE

A school principal or a professional from the CSSL OR a head of administration or a professional from the CISSS can submit a request for a study to the coordinator of their governing body by providing the necessary information and naming the reasons that justifies the need for collaboration between both networks.

In preparation for the meeting and to ensure that all the relevant information is obtained, the person who wishes to present a case must use the **checklist of information to be submitted** during the complex case discussion.

The committee coordinators have a **maximum of two weeks to hold an initial meeting** with the liaison officers concerned. These meetings can take place in person, using a secure electronic platform or by telephone, depending on the case and the availability of the participants.

At the meeting, orientations are determined and follow-up is planned. Depending on the case, a PSII may be considered.

The youth or their parents consent to have their situation reviewed by the committee;

- * The usual consent form from both parties is accepted.
- * The committee may hold a meeting without consent only if it is a non-nominal meeting.

The YIC Coordinators:

- Receives the requests for review;
- Prepares the supporting documents for discussion for the liaison officers;
- Invites the liaison agents to the meetings;
- Leads the meetings;
- Holds a record of the meetings held with the follow-up items;
- Presents an annual report to the local consultation bodies.

FOLLOW-UP OF THE COMMITTEE'S ORIENTATIONS

The committee coordinators complete the "post-meeting process" section of the Youth Intervention Committee and send a copy to the liaison officers of the organizations involved in updating the orientations.

The coordinators follow up with their organizations and inform the Youth Intervention Committee of the results within the timeframe indicated on the document.

If required, the committee can meet again if adjustments are necessary.

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